

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

**SCRIPTURE** | Judges 16:4-5,16-30

## **SESSION SUMMARY**

We've probably heard the story of Samson and Delilah before, and that's where this session focuses. Through Samson, we'll see that it's important to follow God's instruction and take His plan for our lives seriously. When we don't, pain follows because disobedience blinds us and creates distance between us and God. Here are the main ideas:

- Disobedience leads to distance (Judg. 16:4-5,16-20).
- · God can work through our mistakes (Judg. 16:21-30).

## **CONVERSATION QUESTIONS**

- When have you been annoyed with someone and said something you wished you could take back?
- Which of God's commands do you struggle to take seriously? What would help you remember to do so?
- Why do you think we struggle with the truth that there are consequences for disobeying God, even if we repent?

## **FAMILY CHALLENGE**

Give each family member a notebook. Invite each person to start a page, labeling it with the heading "God, I need freedom from . . ." On the lines that follow, family members should record a sin they're struggling with. Note that they don't have to share with the rest of the family, but those who want support and prayer may swap journals. As God answers those prayers, family members should jot down the date and any details to help them remember that God is faithful and wants us to be free from our sin.